The role of supports

G A M I N G **ICT SERIOUS GAMES**



What is support?



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Supports are

Supports can help

Supports can improve our sense of well-being.





- in the learning of new information and in having new interests.







The level of support depends on the person needs.



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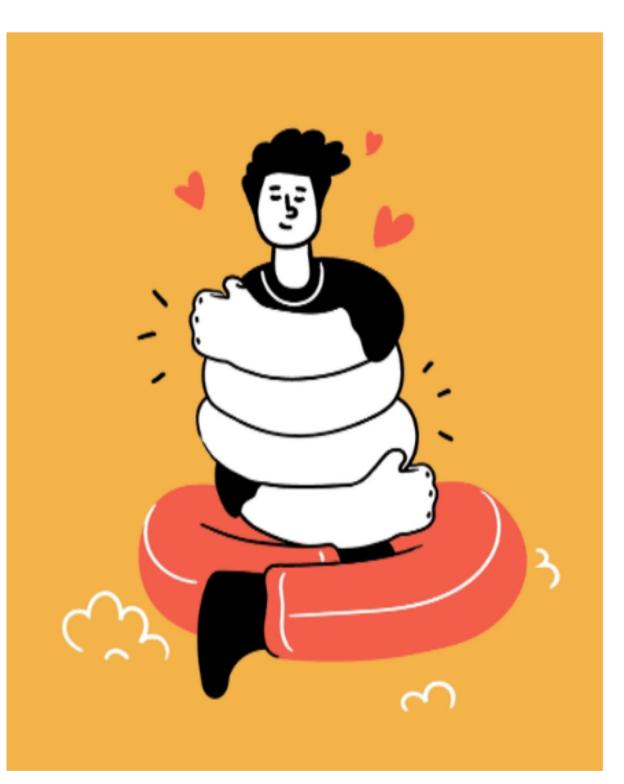
There are 4 levels of support:

- You need help from time to time.
- You need help in certain moments of your life.
- You need help every day in some areas of your life.
- You need help in almost all moments of your life.





Think about the support you need





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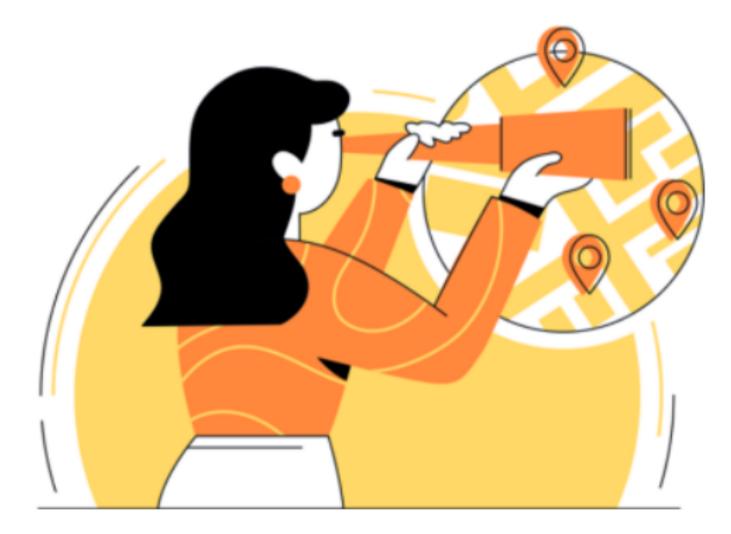






- what they think.
- people you trust
- you can ask
- the support you need
- To think about





you:

- you.
- support.



It's important to talk about what matters to

• areas of support that are important to

important activities for each area of

• the level of support that you need.

• Make your personal support plan.







often need support in learning or at work.

Supports can make life easier for people with intellectual disabilities.

Supports are important for a better quality of life.

People with intellectual disabilities



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Dictionary

Well-being

Find here explanations for words in **bold**

Is about our body and mind in good shape.



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