A1 - BLOCK 2
Training Toolkit

TOPIC 5
THE ROLE OF SUPPORTS

DEFINITION OF SUPPORTS

ID-GAMING: DEVELOPMENT OF A TRAINING PROGRAM FOR THE IMPROVEMENT OF QUALITY OF LIFE OF PERSONS WITH INTELLECTUAL DISABILITIES THROUGH "SERIOUS GAMES"

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A definition of support

Supports can be defined as resources and strategies

that aim to promote the development, education, interests and personal well-being of a person

and that enhance individual functioning'.

(Luckasson, R., and the AAMR)

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Supports are

persons

materials

or tools.
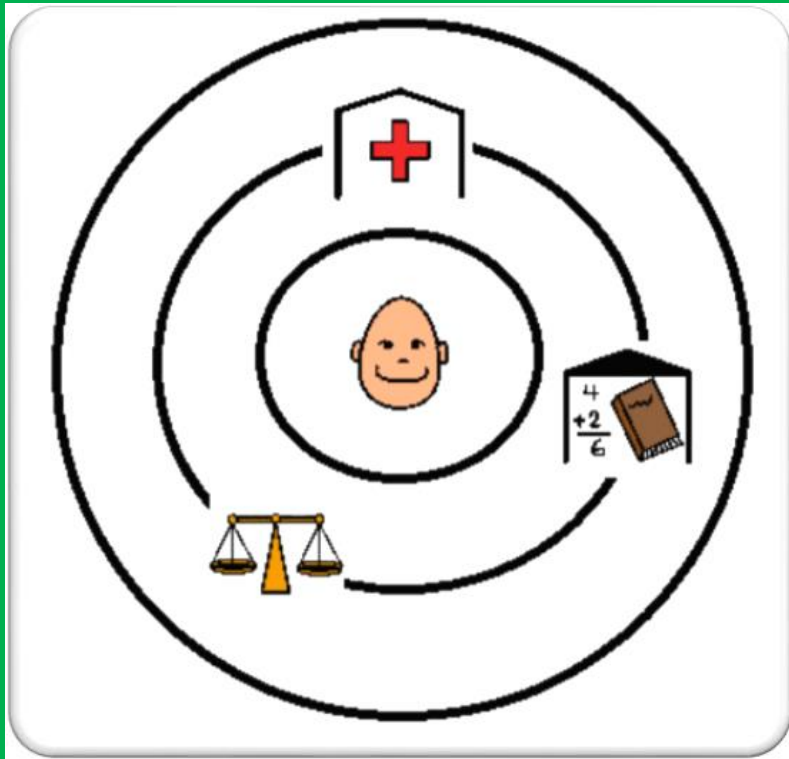
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According to the American Association on Intellectual and Developmental Disabilities (AAIDD), **supports can be seen** as **a bridge** between "**what is**" and "**what can be**", as a mean to improve human functioning.

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So the supports have a **central role** for the improvement of the functioning and the Quality of Life of the person.

(Amor & Verdugo, 2017)

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Supports can help to learn new informations and have new interests.

With supports our wellbeing will be improved.

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The supports approach

evaluates the specific needs of the person and then **suggests** strategies and services to optimize human functioning.

It recognizes that needs and circumstances will change over time so it is important to **periodically revise** the strategies and services applied.

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Who is your support?

https://www.canva.com/design/DAE8KER5hRg/pXc8LJ1mqQ2517-fJ05-Lg/edit

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Acknowledgments