How to select Serious Games to train cognitive functions.

Serious games benefits



Serious Games Benefits





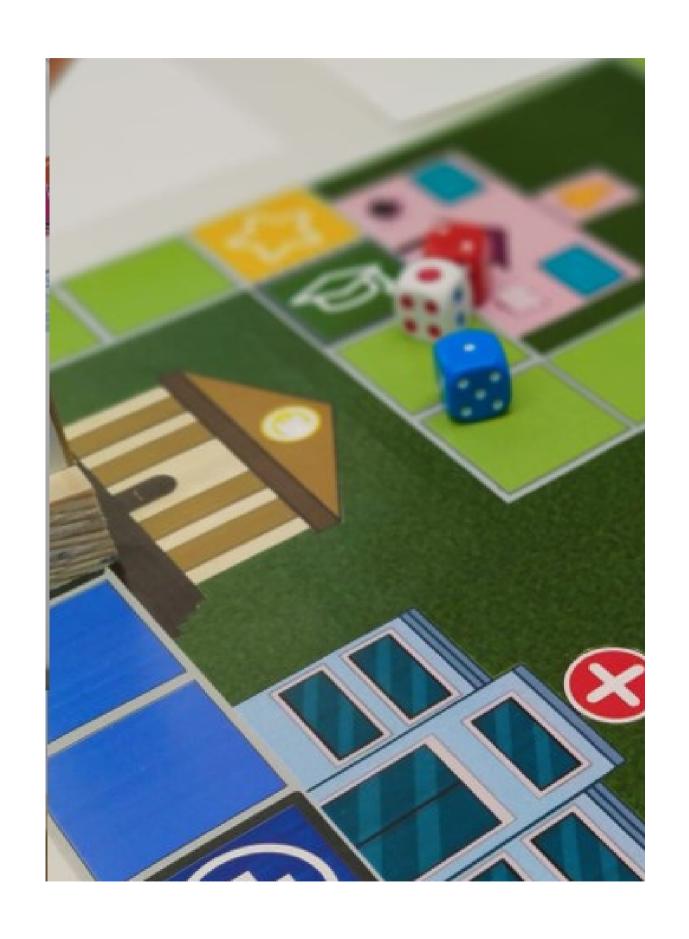




Most persons with intellectual disabilities like to play serious games because:

- Feel less pressure that in real life.
- There's no risk in testing out various behaviors.





- Can make their own decisions.
- Can take the time they need and repeat if needed.
- Can train skills for real life.



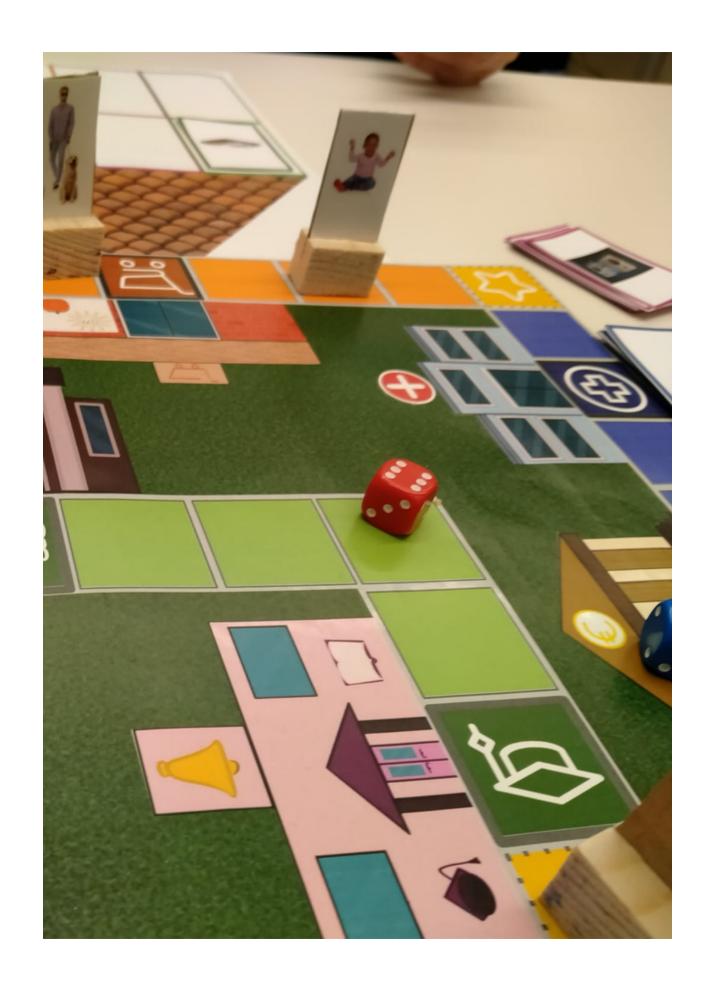


• Serious Games can help people with Intellectual disabilities to pay more attention to a task.

• Training can be adapted to people's life situations and real-life needs.







• Using a computer or a mobile phone is important to be included in society.

• Increases confidence and self-esteem.







Dictionary

Find here explanations for words in **bold**

Self-esteem

Confidence about who you are and what you can do.





Acknowledgments

This document was written with the support of the Erasmus+ funding programme under grant agreement PT01-KA204-02020-1- 78873





The European Commission's support to produce this publication does not constitute an endorsement of its contents, which reflects the views only of the authors. The Commission cannot be held responsible for any use which may be made of the information contained therein.

The contributions of the 'Development of a Training Program for the Improvement of Quality of Life of Persons with Intellectual Disabilities Through Serious Games' project partners to the creation of this document are gratefully acknowledged.

The other deliverables of the ID GAMING project can be found on the project webpage https://id-gaming-project.eu/















