How to select Serious Games to train cognitive functions.

Introduction

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Serious games are used to teach some kind of knowledge to players.

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On a serious game we have to solve problems. It's like what we have to do in real life.

To practice decisions in a serious game can be better than testing in real life.

People with intellectual disabilities may find this an easier and safer way to test out making decisions

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Decisions and actions happen in the **game environment**.

Play a serious game is good for:

- Test our decisions and behaviour's.

- Learn new skills.

- Train the best way to do things in real life.
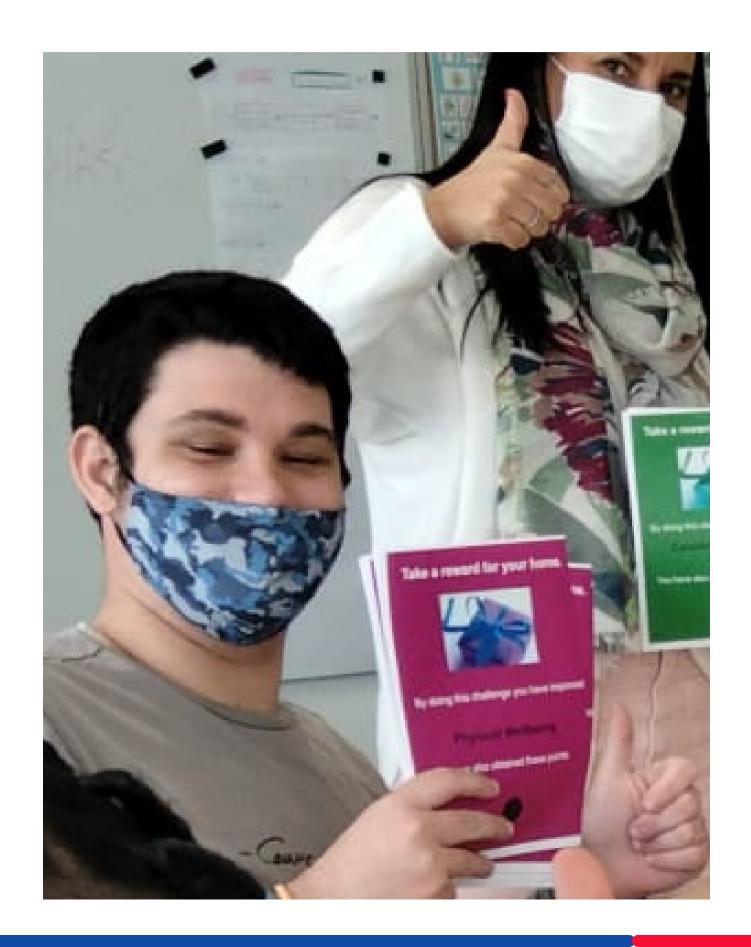
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People with intellectual disabilities need support to gain autonomy and be included in the community.

Training options must be innovative and motivating.

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Training with serious games helps people with intellectual disabilities to:

- better understand information,
- learn and use new skills
- better **adapt behaviours.**

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Dictionary

Find here explanations for words in **bold**

Game environment

Combines the rules, objectives and theme the game have.

Adapt behaviours

Capabilities you have learned for using in your everyday lives.

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Acknowledgments