# How to select Serious Games to train cognitive functions.

Introduction



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Serious games are used to teach some kind of knowledge to players.







On a serious game we have to solve problems. It's like what we have to do in real life.

To practice decisions in a serious game can be better than testing in real life.

People with intellectual disabilities may find this an easier and safer way to test out making decisions







Decisions and actions happen in the game environment.

Play a serious game is good for:

- Test our decisions and behaviour's.
- Learn new skills.
- Train the best way to do things in real life.





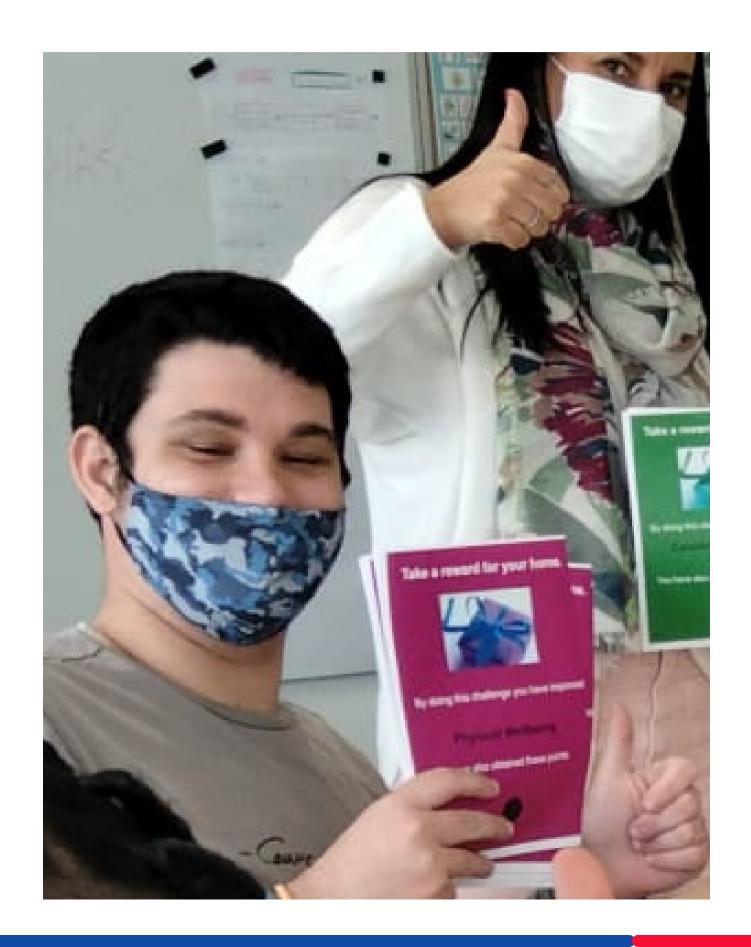


People with intellectual disabilities need support to gain autonomy and be included in the community.

Training options must be innovative and motivating.







Training with serious games helps people with intellectual disabilities to:

- better understand information,
- learn and use new skills
- better <u>adapt behaviours.</u>







### Dictionary

Find here explanations for words in bold

#### **Game environment**

Combines the rules, objectives and theme the game have.

## Adapt behaviours

Capabilities you have learned for using in your everyday lives.





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