

How to select Serious Games to train cognitive functions.

Introduction



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Serious games are used to teach some kind of knowledge to players.



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On a serious game we have to solve problems. It's like what we have to do in real life.

To practice decisions in a serious game can be better than testing in real life.

People with intellectual disabilities may find this an easier and safer way to test out making decisions



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Decisions and actions happen in the game environment.

Play a serious game is good for:

- Test our decisions and behaviour's.
- Learn new skills.
- Train the best way to do things in real life.



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People with intellectual disabilities need support to gain autonomy and be included in the community.

Training options must be innovative and motivating.



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Training with serious games helps people with intellectual disabilities to:

- better understand information,
- learn and use new skills
- better adapt behaviours.



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Dictionary

Find here explanations for words in **bold**

Game environment

Combines the rules, objectives and theme the game have.

Adapt behaviours

Capabilities you have learned for using in your everyday lives.



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The other deliverables of the ID GAMING project can be found on the project webpage <https://id-gaming-project.eu/>

